



Southwest Crisis Center

SUPPORT. ADVOCACY. HOPE.

Safe Harbor Youth and Young Adult Program Ages 12-24

Email Referrals to: youth@mnsbcc.org

Call 1-800-376-4311 Youth text line 1-218-666-8336

Fax Line: 507-372-4311

REFERRAL DATE: _____

YOUTH INFORMATION:

Name: _____ County: _____

Address: _____

Grade: _____ Birthdate and Age: _____

Language: _____

Contact Information (Phone, Email): _____

PARENT/GUARDIAN INFORMATION:

Parent/Guardian Name: _____

Language: _____

Parent/Guardian Contact Information: _____

REFERRING AGENCY INFORMATION:

Agency Name: _____ Contact Name: _____

Contact Information (Phone, Email): _____

Would you like us to check in with you before meeting youth? **YES NO**

The primary goal of our program is to provide confidential services and support for youth and young adults ages 12-24 who may be vulnerable to any form of domestic violence, sexual assault, sexual exploitation, or human trafficking because of challenging life experiences.

PROVIDE INFORMATION/INCREASE KNOWLEDGE OF:

- Interpersonal violence
- Healthy/unhealthy relationships
- Harassment and its effects
- Provide information about survivor's legal rights and resources
- Community programs and referral options

GROUP CONNECTION:

- Meet other youth with similar experiences
- Life Skills class
- Choices 101
- 1st Thursday
- LGBTQ Support Group

PERSONAL ADVOCACY:

- Assistance writing an Order for Protection or Harassment Restraining Order
- Assistance writing a Victim Impact Statement or working with County Attorney
- Advocate to attend court hearings for support
- Support with medical exam, law enforcement interview, or legal meetings and procedures

EMOTIONAL SUPPORT AND SAFETY SERVICES:

- Provide tools to reduce self-blame and identify anxieties about situation
- Create a plan to increase safety
- Safe place to talk and share their story
- Create healthy ways to process their reactions, thoughts and emotional expression and being aware of self-care options & health
- Increase support system, including one-on-one support
- Connecting with the Safe Harbor Regional Navigator for services related to sex trafficking and exploitation

Briefly tell us more about this referral:



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Dear Parents/Guardians,

Your child is being offered the opportunity to participate in youth programming through the Southwest Crisis Center. Some of the services may include personal advocacy, one on one education services, group therapy and services as well as access to resources and referrals and transportation. Topics covered within the programming may include healthy relationships, setting boundaries, self-esteem, empowerment, goal setting, safety with technology and relevant resources on health and safety.

Youth advocates at the Southwest Crisis Center successfully complete direct and specific training which includes the MN standard of 40 hours of sexual assault advocacy training, as well as continuing education on domestic violence, sexual exploitation of youth, crime victims' rights and services and many other topics.

If you have any questions, please contact Stephanie Darnell, Youth Program Manager at 507-376-4311 or email at Stephanie@mnsbcc.org.

Please fill out and return the information below, giving approval for your child to participate in the youth programming offered through the Southwest Crisis Center.

Sincerely,
SWCC Youth Staff

PARENTAL/GUARDIAN PERMISSION:

I, _____, give my child _____ permission to participate in youth programming at the SWCC.

Signature

Date

Print Name

Phone

_____ **Initial** if you give permission to the Southwest Crisis Center staff to provide transportation as needed.