



# SAFE HARBOR

## SERVICES FOR SEXUALLY EXPLOITED YOUTH

Safe Harbor provides a statewide network of victim-centered, trauma-informed services and safe housing, as well as Regional Navigators who are responsible for connecting youth with services and serving as experts for their communities. To find services statewide, call the Day One Crisis Hotline at 1-866-223-1111.

### REGIONAL NAVIGATORS

- NORTHEAST**  
**PROGRAM TO AID VICTIMS OF SEXUAL ASSAULT** Duluth 218-726-1442  
[pavsa.org](http://pavsa.org)
- NORTHWEST**  
**SUPPORT WITHIN REACH** Bemidji 218-444-9524  
 Crisis Line: 1-800-708-2727 [supportwithinreach.org](http://supportwithinreach.org)
- EAST METRO**  
**MIDWEST CHILDREN'S RESOURCE CENTER (CHILDREN'S HOSPITAL)**  
 St. Paul 651-220-6750 [childrensmn.org](http://childrensmn.org)
- WEST METRO**  
**THE LINK** Minneapolis 612-232-5428 [thelinkmn.org](http://thelinkmn.org)
- CENTRAL**  
**LUTHERAN SOCIAL SERVICES** Brainerd 218-824-3770 [lssmn.org](http://lssmn.org)
- WEST CENTRAL**  
**SOMEPLACE SAFE** Fergus Falls 218-739-3359 [someplacesafe.info](http://someplacesafe.info)
- SOUTHWEST**  
**SOUTHWEST CRISIS CENTER** Worthington 507-376-4311 [mnsbcc.org](http://mnsbcc.org)
- SOUTHEAST**  
**DODGE, FILLMORE, AND OLMSTED COUNTY VICTIM SERVICES** Rochester  
 507-289-0636 [co.olmsted.mn.us/cs/victimservices](http://co.olmsted.mn.us/cs/victimservices)

For a full list of resources on housing and services, please see reference guide on opposite side.

## HOUSING

### NORTHEAST

- **LIFE HOUSE** Duluth 218-722-7431 [lifehouseduluth.org](http://lifehouseduluth.org)

### NORTHWEST

- **EVERGREEN YOUTH AND FAMILY SERVICES** Bemidji 218-751-8223 [evergreenyfs.org](http://evergreenyfs.org)
- **NORTH HOMES CHILDREN & FAMILY SERVICES** Bemidji 1-888-430-3055 [northhomesinc.org](http://northhomesinc.org)

### EAST METRO

- **180 DEGREES/BRITTANY'S PLACE** St. Paul 651-332-5539 [180degrees.org/brittany-s-place.html](http://180degrees.org/brittany-s-place.html)

### WEST METRO

- **THE LINK** Prior Lake 612-232-5428 [thelinkmn.org](http://thelinkmn.org)

### CENTRAL

- **TEREBINTH REFUGE** St. Cloud 320-828-7721 [terebinthrefuge.org](http://terebinthrefuge.org)
- **LUTHERAN SOCIAL SERVICES** Brainerd 218-824-3770 [lssmn.org](http://lssmn.org)

### WEST CENTRAL

- **HEARTLAND GIRLS RANCH** Benson 320-843-4815 [heartlandgirlsranh.org](http://heartlandgirlsranh.org)

### SOUTHEAST

- **WOMEN'S SHELTER AND SUPPORT CENTER** Rochester 507-285-1010 [womens-shelter.org](http://womens-shelter.org)

## SERVICES

### NORTHEAST

- **PROGRAM TO AID VICTIMS OF SEXUAL ASSAULT** Duluth 218-726-1442 [pavsa.org](http://pavsa.org)
- **LIFE HOUSE** Duluth 218-722-7431 [lifehouseduluth.org](http://lifehouseduluth.org)

### NORTHWEST

- **EVERGREEN YOUTH AND FAMILY SERVICES** Bemidji 218-751-8223 [evergreenyfs.org](http://evergreenyfs.org)
- **NORTH HOMES CHILDREN & FAMILY SERVICES** Bemidji, Grand Rapids, and Duluth 218-327-3000 [northhomesinc.org](http://northhomesinc.org)

### EAST METRO

- **HMONG AMERICAN PARTNERSHIP** St. Paul 651-495-1557 [hmong.org](http://hmong.org)
- **MIDWEST CHILDREN'S RESOURCE CENTER** St. Paul 651-220-6750 [childrensmn.org](http://childrensmn.org)

### WEST METRO

- **CORNERSTONE** Bloomington 952-884-0376 [cornerstonemn.org](http://cornerstonemn.org)
- **THE FAMILY PARTNERSHIP** Minneapolis 612-729-0340 [thefamilypartnership.org](http://thefamilypartnership.org)
- **THE LINK** Minneapolis 612-232-5428 [thelinkmn.org](http://thelinkmn.org)
- **LUTHERAN SOCIAL SERVICES STREETWORKS** Minneapolis 612-354-3345 [streetworksmn.org](http://streetworksmn.org)
- **MID-MINNESOTA LEGAL AID** Minneapolis 612-332-1441 [mylegalaid.org](http://mylegalaid.org)
- **MINNESOTA INDIAN WOMEN'S RESOURCE CENTER** Minneapolis 612-728-2020 [miwrc.org](http://miwrc.org)
- **YMCA** Minneapolis 612-492-1713 [ymcamn.org/Intervention](http://ymcamn.org/Intervention)

### CENTRAL

- **CENTRAL MN SEXUAL ASSAULT CENTER** St. Cloud 320-251-4357 [cmsac.org](http://cmsac.org)

### WEST CENTRAL

- **LUTHERAN SOCIAL SERVICES OF MN** Willmar 320-444-0974 [lssmn.org](http://lssmn.org)
- **RAPE AND ABUSE CRISIS CENTER** Fargo/Moorhead 701-293-7273 [raccfm.com](http://raccfm.com)
- **SOMEPLACE SAFE** Fergus Falls 218-739-3359 [someplacesafe.info](http://someplacesafe.info)

### SOUTHWEST

- **SOUTHWEST CRISIS CENTER** Worthington 507-376-4311 [mnsbcc.org](http://mnsbcc.org)
- **LUTHERAN SOCIAL SERVICES OF MN** Mankato 507-381-6670 [lssmn.org](http://lssmn.org)

### SOUTHEAST

- **DODGE, FILLMORE AND OLMSTED COUNTY VICTIM SERVICES** Rochester 507-289-0636 [co.olmsted.mn.us/cs/victimservices](http://co.olmsted.mn.us/cs/victimservices)

